

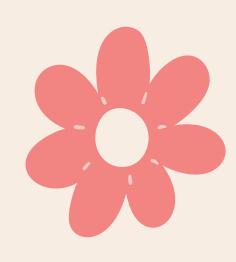
### Land Acknowledgement



We affirm that we are all treaty people and acknowledge that the York Region District School Board is located on the lands of two treaties. These treaties have been signed with the Mississaugas of the Credit First Nation and the First Nations of the Williams Treaties who are: the Mississaugas of Alderville, Curve Lake, Hiawatha, Scugog Island; and the Chippewas of Beausoleil, Rama, and Georgina Island who is our closest neighbour and partner in education. To honour this agreement we will take up our responsibility to be respectful of their traditions, knowledge and inherent rights as sovereign nations. We will respect their relationship with these lands and recognize that our connection to this land is through the continued relationship with these First Nations, and we acknowledge our shared responsibility to respect and care for the land and waters for future generations.



#### Agenda



- 1. Welcome
- 2. Updates from USAC 5 min in person
- 3. ADMIN Updates 5 min
- 4. Subject Presentations:
  - \* Moderns Mr. Lansing 5 min
  - \* Physical Education Mr. Wilson 5 min video
    The Gift of Learning Stress and Our Kids –
    Resiliency for Life @ 7:30pm to 8:30pm Jackie
    Robertson



#### Updates from USAC





#### **ADMIN Updates**

May 10, 16, 24 - Dog Therapy
May 11 to 13 - AU Drama to NTS at U of T
May 12 - May 16 - University of Saskatchewan
May 17 - Mayfair
May 18 - Youth Speak Presentation
May 30 - Drama Presentations



#### **ADMIN Updates**

June 1 - Prom @ Paradise Banquet Hall

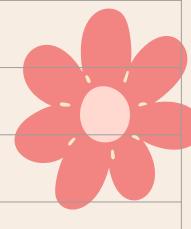
June 5 - Music Banquet

June 7 - Arts Cafe

June 8 - Athletic Banquet

June 14 - ArtsU Celebration

June 21 - June 27 Exams



June 27 - Graduation @ Venu Event Space

# Unionville High School

# Department of FSL (French) & International Languages

School Council Presentation - Apr 24, 2023



# Meet our Department

Teacher	Role / Subjects Taught
Mr. P. Lansing	Department Head French, Classical Civilizations
Ms. K. Beneteau	French, Spanish
Ms. M. Castagna	French, Spanish
Ms. A. Chankseliani	French
Ms. E. Yu	Mandarin

#### MODERNS DEPARTMENT



Gr 9 French courses: Gr 10-12 French:



FSF10 - Beginner \*\*for students

who have less than 600 hours

FSF2D FSF3U

FSF4U





#### Spanish courses:

LWSBD - Beginner (Level 1)



# Win hão ! Hello! Taiwanese-Secrets.com

#### Mandarin courses:

LKMBD - Beginner (Level 1)

LKMCU - Intermediate (Level 2)

LKMDU - Senior (Level 3)

#### Classical Studies:

LVV4U - Classical Civilizations

(prereq ENG2D)





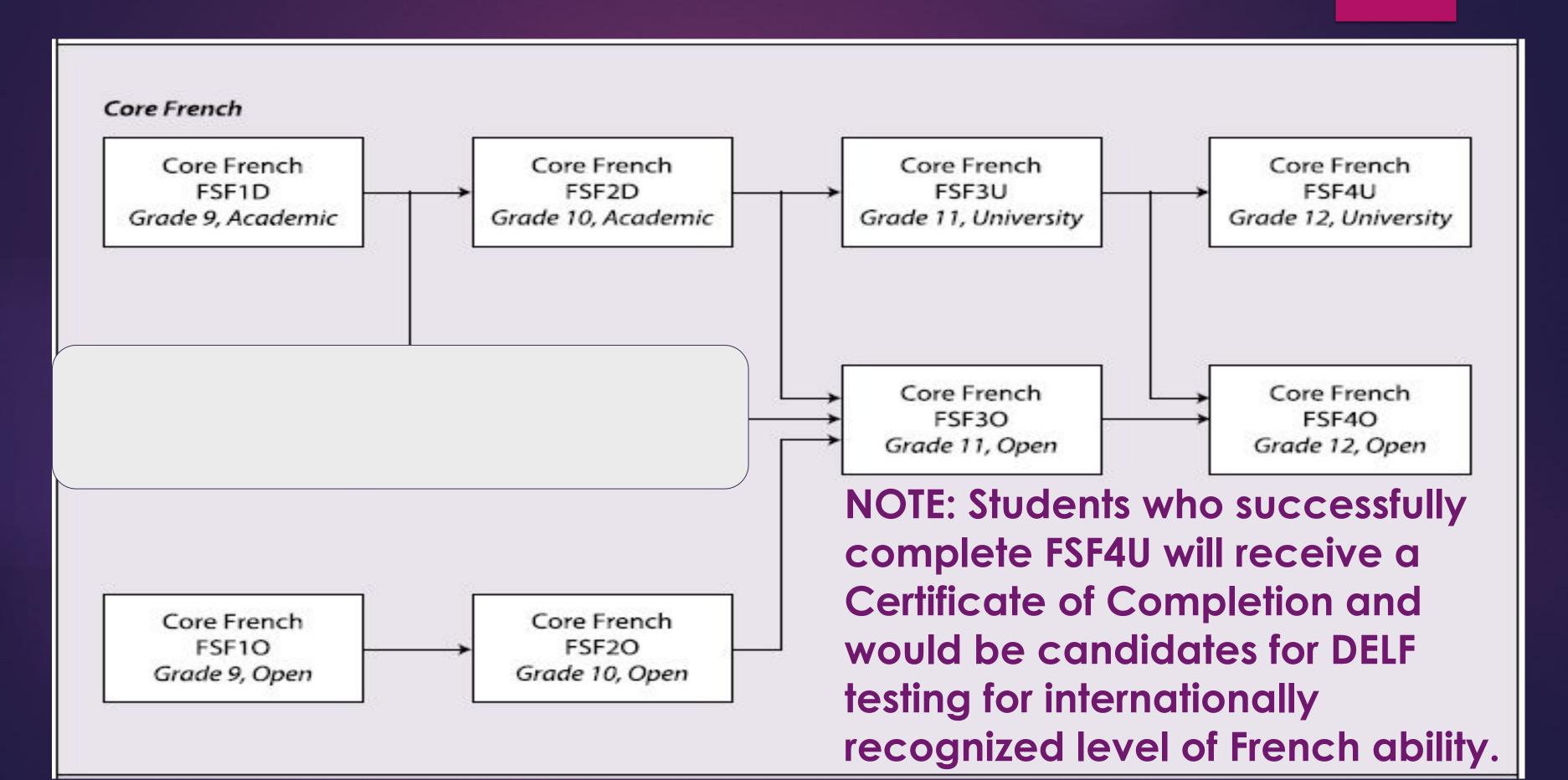
Learn about the Classical worlds of **Ancient Greece & Rome** & how they have influenced our society today!

See our website for more information.

# FSL Curriculum Enduring Ideas



#### FSL Core French Courses



#### Destreamed French

#### Gr. 9 Academic (FSF1D)

- builds upon concepts and skills developed in grades 4-8
- listening, speaking, reading, writing skills developed in authentic ways
- application of creative and critical thinking skills
- deepen understanding, appreciation of diverse French-speaking communities
- provides a base for continuing studies in grades 10-12

Note: This course assumes a minimum of 600 hours (5 years) of elementary French instruction.

#### Destreamed FSF1D

Benefits / Rationale

Challenges

• FSF10 - a beginner course



# BIFFS BISTRO







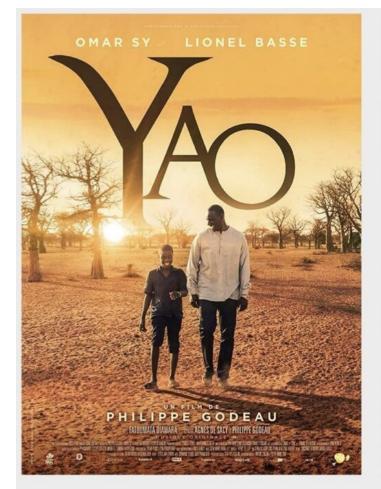


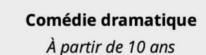


# CINÉ CO!

**FESTIVAL** INTERNATIONAL **DU FILM** FRANCOPHONE







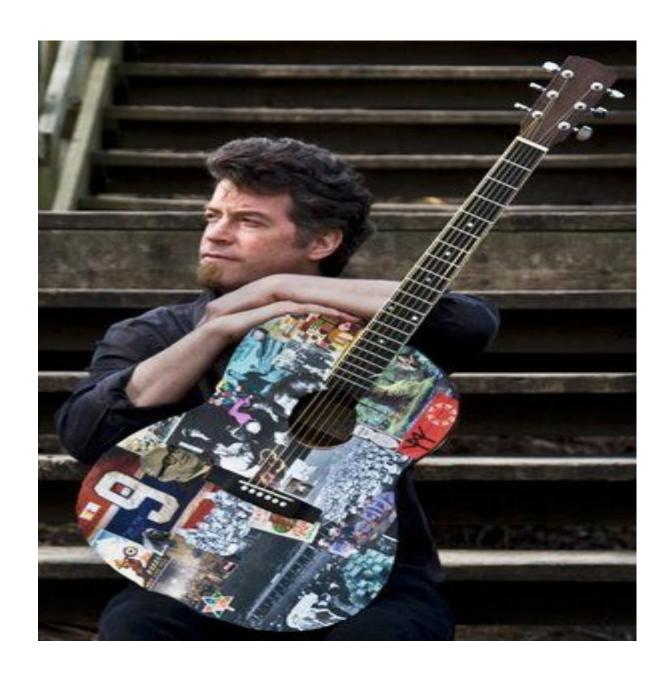


Comédie dramatique À partir de 16 ans

# PROLOGUE

Prologue to the Performing Arts Prologue aux arts de la scène





#### Spanish drumming workshops





























#### St.Donat Outdoor Ed. Immersion







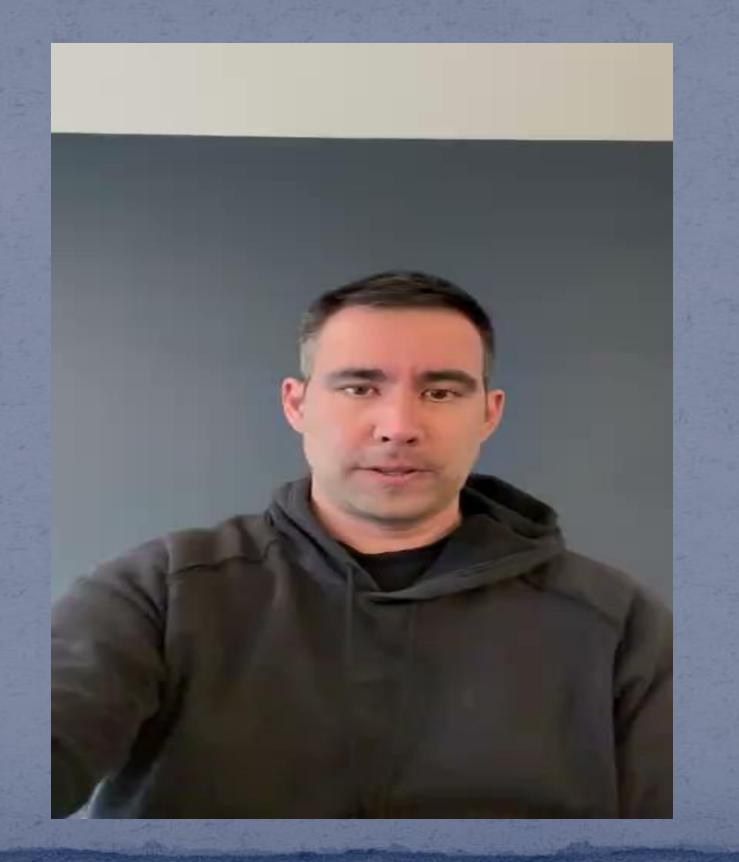


#### 2014 March Break Europe Tour Route





# Physical Education- Mr. Wilson



### Resilience

Jackie Robertson RP Matthew Robertson MSW, RSW

#### Agenda

- 1) Defining resilience
- 2) Developmental stage of adolescence
- 3) Resilience Factors
- 4) P.A.C.E parenting
- 5) Power of connection

#### Defining Resilience

Resilience is the ability to overcome adversities (acute or ongoing traumatic experiences, hardships or suffering).

People and communities who have developed resilience can *resist* the effects of hardship OR <u>bounce back</u> and <u>return to</u>, or <u>even surpass</u> their previous level of functioning.

# **Definition Continued**

- Resiliency occurs in the context of adversity.
- Resilience is the capacity to utilize the resources around us to bounce back

 Hidden resiliency - when solutions are not always the ones parents want.



# Developmental stage of Adolescence

Early Adolescence - 10-13yrs

Middle Adolescence 14-17 yrs

Late Adolescence 19-21 yrs

# Middle Adolescence

→ Continuation of puberty

→ Romantic relationships and exploration of sexuality

→ Starting to consider outside perspective

→ Higher stakes with emotions and feelings

#### Resilience Factors – Michael Ungar PH.d University of Dalhousie

Structure	Sense of Belonging
Consequences	Rights and Responsibilities
Intimate/Sustaining Relationships	Safety and Support
Other Supportive Relationships	Positive Mindset
Powerful Sense of Identity	Physical Well-being
Sense of Control	Financial Well-being

#### PCE by Tim Fletcher

#### Positive Childhood Experiences...

- 1) Feel about to talk to your family about feelings
- 2) Feel your family stood by you in difficult times
- 3) Enjoyed participating in community traditions
- 4) Feel of sense of belonging in highschool
- 5) Feel supported by friends
- 6) Feel at least 2 non parent adults who take interest in you
- 7) Feel safe and protected by an adult in your home

#### Resilience Indicators

- 1) In a difficult spot, I turn at once to what can be done to make it right
- 2) I influence where I can rather than focus on what I cannot
- 3) I don't take criticism personally
- 4) I generally manage to keep things in perspective
- 5) I am calm in a crisis
- 6) I am good a finding solutions to problems
- 7) I wouldn't describe myself as an anxious person

#### P.A.C.E

Playfulness

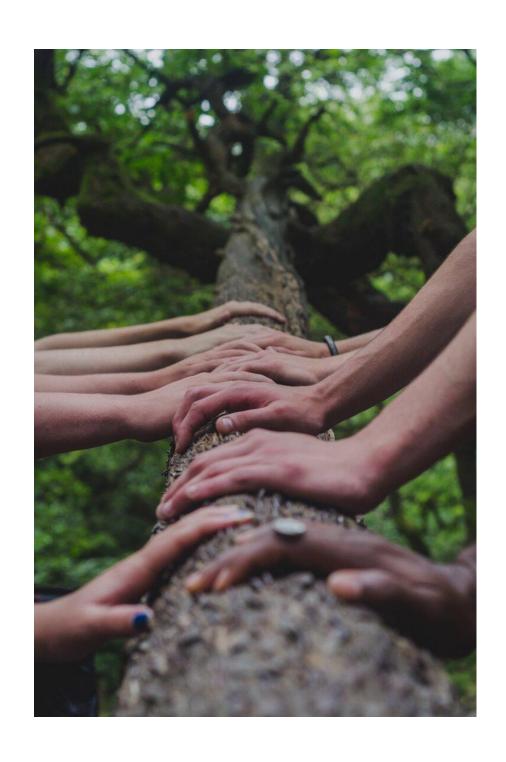
**A**cceptance

**C**uriosity

**E**mpathy

Remember their developmental stage...
IDENTITY
INDEPENDENCE

INDIVIDUATION



#### **Power of Connection**

- → Connections before Corrections
- → Seek clarification and understanding of their perspective
- → Assist in problem solving
- → Repair often

Your child can make mistakes and have **their own** solutions. Secure connection allows for their own personal growth

#### Promoting Resilience in Teens

- Promote/maintain a teens sense of belonging to their community
- A secure attachment to at least one adult very important
- Give youth "something to shout about" (passion and giftedness)
- Look for "Hidden Resilience" in "negative" situations
- Ruptures and repairs should be routine
- Shift the focus from professionals to the community/family
- "Not knowing" approach genuine curiosity, openness
- Allow for teens to ownership and empowerment for their own solutions. Even if they are bad.

#### Video Resources

Not about the nail <u>Click Here</u>

Brain journey to resilience Click Here



Thank you for a wonderful 2022-2023 School Year! Have a fun and safe summer!